



We Level Up Packing List



We Level Up
So Tell Me This, What Cant You Do?

What To Bring

Clothing: 2 Weeks Worth of Clothing

- Seasonal Clothing
- Outdoor Activities Attire
- Slippers, Sandals, Flip Flops, Sneakers

Electronics: Internet accessible and camera devices are not permitted.

- Mp3 Player, Ipod, E-Reader

Nicotine Products: State Age restrictions apply

- Unopened Cigarettes, Disposable Vapes
- Unopened Cans of Chewing Tobacco

Valuables:

- Personal ID and Insurance Card
- Credit/Debit Card, Small Amounts of Cash

Toiletries: Unopened or untampered with products only.

- Shampoo, Conditioner, Deodorant, Toothbrush, etc.
- Hairbrush, Blow Dryer, Flat Iron, Beard Trimmer, etc.

Medications:

- Prescribed Medications
- Non-Narcotic Medications Only

Other:

- Stamps and envelopes
- FMLA Paperwork
- Contact Information for Doctors
- List of written Emergency Contacts
- Makeup
- Books for Reading (keep to a minimum)
- Menstrual Products if needed

What To Not Bring

Clothing: Innapropriate Clothing

- Low-cut shirts, spaghetti strap shirts, tank tops
- Short skirts or shorts
- Clothing that exposes garments

Electronics: Internet accessible and camera devices are not permitted.

- Phones will be locked up after admission

Nicotine Products: State Age restrictions apply

- Open or loose tobacco, black & milds, cigars

Valuables:

- Jewelry
- Large amounts of cash

Toiletries: Unopened or untampered with products only.

- Products wiith alcohol in first five ingredients.
- Aerosol hairspray or hair dye

Medications:

- Narcotics and alcohol
- Over the counter medications and vitamins

Other:

- Pets
- Gum
- Pornographic Materials
- Guns, Knives, Chains, Razor Blades, etc.

This list is not all-inclusive. Any items that may be questionable will be assessed upon admission into the facility