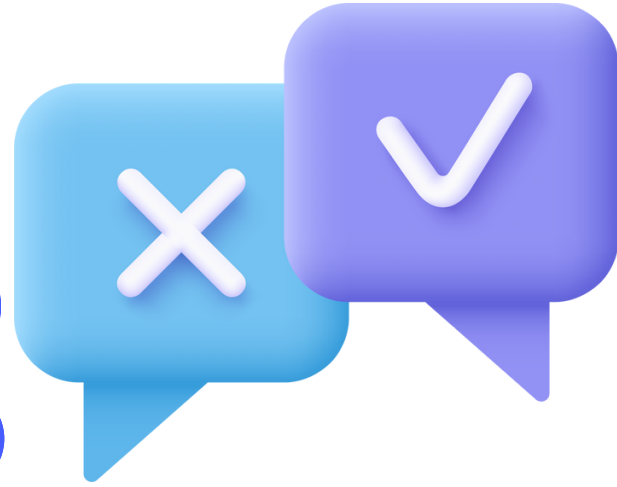


WE



MOOD DISORDER QUESTIONNAIRE



Name:

Phone:

Points:

1

YES

0

NO

Has there ever been a period of time when you were not your usual self and...

YES

NO

...you felt so good or so hyper that other people thought you were not your normal self or you were so hyper that you got into trouble?

...you were so irritable that you shouted at people or started fights or arguments?

...you felt much more self-confident than usual?

...you got much less sleep than usual and found you didn't really miss it?

...you were much more talkative or spoke faster than usual?

...thoughts raced through your head or you couldn't slow your mind down?

...you were so easily distracted by things around you that you had trouble concentrating or staying on track?

...you had much more energy than usual?

...you were much more active or did many more things than usual?

...you were much more social or outgoing than usual, for example, you telephoned friends in the middle of the night?

...you were much more interested in sex than usual?

...you did things that were unusual for you or that other people might have thought were excessive, foolish, or risky?

...spending money got you or your family in trouble?

RESULTS

0-4 pts. Little or No Indication of Mood Disorders

Your answers suggest that there is Little or No indication that you are experiencing symptoms common among people with Mood Disorders. However, this quiz is no substitute for a proper diagnosis from a health care professional and we would encourage you to schedule an appointment with your doctor or other mental health professional to address any concerns.

5-9 pts. Moderate Indication of Mood Disorders

Your answers suggest a Moderate indication that you are experiencing symptoms common among people with Mood Disorders. However, this quiz is no substitute for a proper diagnosis from a health care professional and we would encourage you to schedule an appointment with your doctor or other mental health professional to address any concerns.

WE
LU **We Level Up Treatment Center** provides world-class care with round-the-clock medical professionals available to help you cope.
Get a [Free assessment, Free consultation, and Free answers](#) to your questions 24/7.
Without any obligation.